

The Sports Centre @ Brixham College



@ Brixham College

The Active Life 50+ Club *(or not so active, all welcome)*

Activities Include:

- ~ Keep Fit
- ~ Badminton
- ~ Squash/ Racketball
- ~ Tennis

All you have to do is
come along and join in!
£1.75 for half a session or
£3.50 for the whole Morning



Come Along to the active for life club. We meet at the sports centre on a Saturday morning at 10am, we do 1 hour of keep fit with Nadine, then have a half time tea or coffee and a biscuit. Then we enjoy a game of Tennis, Badminton, Table Tennis, Racket ball or use the fitness suite.

We are a friendly club and have an enjoyable get together, with an opportunity to take part in some exercise, and meet new people.

tel 01803 883388

email: thesportscentre@brixhamcollege.co.uk

**The Sports Centre
@ Brixham College
Lytes Road Brixham
TQ5 9HF**